

## Jullian Lucas

### Statistics

**Birthday:** 03/02/2000

**Jacket:** M

**Height:** 5'8

**Shirt:** M

**Weight:** 160

**Pant Size:** 30x32

**Hair Color:** Dark Brown

**Inseam:** 30

**Eye Color:** Brown

**Waist:** 28

**Shoe Size:** 8.5-9

### Experience

| <u>Performance/Event</u>   | <u>Role</u> | <u>Company/Organization</u> |
|----------------------------|-------------|-----------------------------|
| Men's Physique Competition | Competitor  | National Physique Committee |

### Skills & Abilities

I am eager to learn and can listen well.

I am disciplined and can follow instruction.

I work really hard to maintain the physique that I have so that I can look my best for shoots.

I am good at communicating and can adapt to many learning/teaching styles.

I am comfortable around people especially in a professional environment.

I am a hard worker that is always trying to improve.

I think I can fit a variety of roles whether it be back to school, fitness, or business.

I am on time and come prepared to work.

I am a pilot and as such understand professionalism, communication, and the industry of aviation.

I practice posing designed to show off a physique almost daily.

I am good at dieting and maintaining my health.

I am technically savvy and enjoy learning about technology.